In FY 2022-23, Options received over \$60,000 in individual cash contributions, nearly \$160,000 in foundation and corporate contributions and nearly \$200,000 in in-kind contributions. Options is especially grateful to our major contributors in FY 2022-23.

## **Options' FY 2022-23 Major Donors**

- Beneficial State Bank
- Bernard and Alba Witkin Charitable Foundation
- California Arts Council
- Disney Worldwide Services
- Episcopal Impact Fund
- Hedco Foundation
- Lowell Berry Foundation
- Northbrae Community Church
- Bay Area News Group Share the Spirit Program
- St. Clement's Episcopal Church
- St. Mark's Episcopal Church
- St. Timothy's Episcopal Church
- University of California at Berkeley Chancellor's Fund
- West Davis and Bergard Foundation
- Witkin Charitable Trust
- William G. Irwin Foundation

## Please consider supporting Options Recovery Services.

### Volunteer your time:

Help with office support, development, and/or facility maintenance and improvement by contacting Dianna Beamon, Human Resources, 510-666-9552 x119 or email <u>dbeamon@optionsrecovery.org</u>

## Donate gently used furnishings & housing items:

Bring items to Options' Allston Way office on Friday afternoon or contact Barbara Madeiros, Housing Development Director, 510-666-9552 x125 or email <u>bmadeiros@optionsrecovery.org</u>

### Write a check or make an on-line donation:

Send a check to Options Recovery Services, donate on-line at <u>www.optionsrecoveryservices.org</u> or contact Porter Sexton, Development Director, 408-393-00809 or email <u>psexton@optionsrecovery.org</u>



Candid is a national organization comprised of both GuideStar and the Foundation Center. Candid provides the public with information about non-profit organizations in the United States. For FY 2022-23,

Options' earned Candid's Platinum Transparency rating, their highest rating, for the information provided.

# Financials

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Audited FY 2022-2023 Income	
\$10,709,720	
Government Contracts	90%
Business Income	4%
Grants and Donations	6%

Audited FY 2022-2023 Expenditures	
\$10,235,111	
Treatment and Referral	76%
Housing Program	16%
Administration	7%
Fundraising	1%

Since its founding in 1997, Options has increased services and added funding from an array of sources. Options is supported by and grateful for service contracts with Alameda County Behavioral Health Care Services, Alameda County Probation Department, Alameda County Social Services, Contra Costa Health Care Services, Superior Court of California, California Department of Correction and Rehabilitation, City of Berkeley, and the California Board of State and Community Corrections.

## **Options Leadership**

### Board of Directors

Susan Champion, JD, Co-President, Attorney, Three Strikes Project, Stanford University
Bill Joyce, Co-President, Retired Teacher, Berkeley Unified School District
John Ottoboni, Treasurer, Real Estate Investor
Susan Bookman Koerber, Secretary, retired Superior Court of California, Director of Pretrial Services
Lawrence Fisher, Options Volunteer Case Manager
Sol Irving, retired CDCR counselor
Sarah Shannon, Executive Director, Hesperian Health Guides
Rick Sweeney, Mortgage Broker
Tom Trabin, PhD, Behavioral Healthcare Executive Consultant and Licensed
Psychologist

Executive Director

Justin Phillips, LMFT, MAC, Licensed Marriage and Family Therapist

### Honorary Chair

Martin Sheen, Golden Globe & Screen Actors Guild Award-winning Actor



## FY 2022-2023 Annual Report

In 2022-2023, Options celebrated its 25<sup>th</sup> year providing recovery services. At the 25<sup>th</sup> Anniversary Gala, Annie Lamott was awarded the Doctor Davida Coady Greatest Good Award and Tom Gorham was awarded the Father Bill O'Donnell Human Dignity Award.



## OUR MISSION is to break the cycle of addiction that causes crime, homelessness and broken families.

1835 Allston Way Berkeley, CA 94703 (510) 666-9552	1470 Civic Court, Suite 100 Concord, CA 94520 (925) 270-1444
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1300 East 14<sup>th</sup> Street San Leandro, CA 94577 (510) 925-4005 1630 10<sup>th</sup> Street Oakland, CA 94607 (510) 666-9501

www.optionsrecovery.org

#### **Outpatient, Intensive Outpatient, and Recovery Support Services** 647 New Clients in FY 2022-23

Clients are guided through the program into curriculum that best suits their needs at each point of their recovery. Focus is on skill building, identifying denial patterns, anger management, self-discovery, building healthy relationships, relapse prevention, and preparation for re-entry into the community. Clinical services are provided by licensed/license-eligible therapists and certified/registered counselors. Outpatient Services, Intensive Outpatient Services, and Recovery Support Services are available at Options sites in Berkeley, Concord, Oakland, and San Leandro.

## Outpatient Services - [4,009 hours treatment and 193 hours case management in FY 2022-23]

Treatment for men and for women is offered for less than 9 hours per week. The program offers treatment and educational groups, treatment planning, referrals, case management, and discharge services. Outpatient services are offered in the morning, afternoon, and evening. A Spanish-speaking group is available and accessible.

Intensive Outpatient Services - [8,816 hours treatment and 938 hours case management in FY 2022-23] Intensive outpatient services are provided for 9 to 19 hours of treatment per week, offering treatment and education groups, treatment planning, referrals, crisis intervention services, case management, and discharge services. Co-occurring specific treatment is available.

Recovery Support Services - [1,919 hours recovery support in FY 2022-23] Recovery support services include case management, peer support, housing referral, court liaison, transportation support, clinical and hospital referrals, on-site drug screening, job readiness and employment support, and assistance with insurance and government matters. Recovery Support Services are available either separately or in addition to Outpatient Services or Intensive Outpatient Services.

#### **Drug Testing Services** 61,000+ Client Drug Tests in FY 2022-23

Drug testing via urinalysis is done at our in-house, state-of-the-art laboratory in Berkeley. Clients are tested regularly, as part of their treatment program services. Samples are collected at all Options clinical sites and are securely transported to our laboratory in Berkeley for processing.

#### **Inmate Services** 159 OMCP Mentor Trainees in FY 2022-23

Options provides in-prison and in-community programs for inmates to overcome addiction and successfully re-enter the community. In our Offender Mentor Certification Program, inmates are trained as certified addiction counselors and employed at Options and partnering organizations upon their release. During FY2022-23, 94.4% of OMCP graduates passed their tests and gained the required 2080 hours to become fully certified. In FY2022-23, 81 AOD Certified Mentors worked in prison treatment programs around the state and 53 certified mentors were paroled back into our communities. In FY2022-23, Options established the Academy of Hope program at the Thomas Gorham Center in Oakland to help OMCP graduates reenter the community and pursue careers in addiction recovery.

#### **Recovery Residence Services** 34,221 Bed-nights for 300 clients in FY 2022-23

Options operates nine sober recovery residences in Berkeley and Oakland, housing up to 140 clients per night primarily through public funding at little or no direct cost to the client. In FY2022-23, Options remodeled and refurbished its recovery residence in Oakland's Chinatown to house up to 12 mothers and their children in support of Options' growing perinatal recovery program.

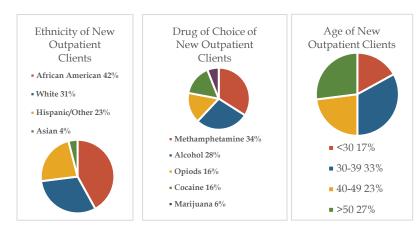


Throughout FY 2022-23, Options continued its Home Improvement Campaign, a donation drive to collect furniture for its nine recovery residences. Options partners with Northbrae Community Church, St. Clement's Episcopal Church, St. Mark's Episcopal Church, St. Timothy's Episcopal Church, and St. Patrick's Catholic Church to collect couches, dining tables, desks, dressers, lamps, and more.

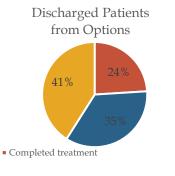
## **Options'** Vision

Our vision is that one day, society will deal effectively and compassionately with addiction and recovery. Every drug-dependent person will have easy and immediate access to addiction treatment and recovery support services, with a resultant decrease in crime, homelessness, and family dysfunction.

In FY 2022-23, Options served 647 new adult clients in our Alameda County outpatient programs: 31% were women; 2% non-English speaking; and 95% with income below the poverty line.



In FY 2022-2023, 459 clients were discharged from Options' SUD treatment in Alameda County.



progress

progress

By comparison, more than 60,000 clients were discharged from publiclyfunded treatment throughout California during calendar year 2021.

Of the clients statewide, 25% were rated as having completed treatment, 25% were rated as left before completion with satisfactory progress, and the remaining 50% were rated at discharge as having not made satisfactory progress.

A substantially higher percentage of Left before completion with unsatisfac Options' clients (65%) received positive outcome ratings at discharge left before completion with satisfactor that the percentage of their cohorts (50%) throughout the state.

The above data were collected and displayed using Options' new clinical database system, developed under the guidance of Options' Clinical Data Committee chaired by an Options board member. Such clinical data review and analysis helps to support the quality and accountability efforts of Options' programs.